

Harmony Childcare Kindergarten

February Newsletter 2025

ROOM 208-209



Gianna will be 6 on the 5th
 Maximus will be 5 on the 7th
 Ethan will be 5 on the 17th

February will be a month full of fun and excitement as we focus on weather, emotions and families. We will also be learning about different types of emotions and how they make us feel. We will focus on learning some techniques and ways to self-regulate our feelings... (counting, breathing, yoga poses, meditation)

| Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|---|
| Groundhog Day and Weather  | 3 Creating a weather chart  | 4 Paper tube peek a boo groundhog craft  | 5  | 7 Flashlight experiment (making shadows)  | 8 Show and Tell |
| Valentine Day  | 10 Making Valentine cards for our family and friends  | 11 Valentine bingo  | 12 Heartbeat experiment What does your heart sound like? | 13 Making cinnamon sugar rollups  | 14 PA Day School Closed Red and White Day Movie; Thumbelina 45 min G Rated |
| Emotions  | 17 Family Day Daycare Closed | 18 Talking about different feelings  | 19 Making very pancakes with berry sauce  | 20 Paper bag people puppets  | 21 Show and Tell |
| Families  | 24 Love you to pieces mosaic mural  | 25 Don't wake up daddy game  | 26 Family painted portrait craft  | 27 Family Event craft 3:30-5:15 Beaded family bracelets  | 28 Show and Tell |

Reminders:

**** Please provide one or two extra sets of clothing in your child's cubby (include socks)

**** Call or email if your child will be absent from school and daycare, please tell us of any symptoms your child may have so we can record it in our Toronto Public Health binder

**** **Wednesday February 12 and 26:** Let's work together sports program with Andy **Group 1: 3:45-4:30 Group 2: 4:30-5:15**