

Harmony's Summer Program 2024

ENRICHED PROGRAMMING INFO SHEET



Amazing Jungle Playground which includes: Ball Pool, Trampoline, Rainbow Ramp, Bungee Spider Web, Spin Plate, Spider Climb Tower, Wave Slides, Music Panel, Downward Aerial Glide.

- ❖ Real size jungle animals.
 - ❖ Pizza Lunch in their snack room.
 - ❖ Children need to wear socks, bring water bottles and release form signed
- Departure: 9:15 am Return: 1:30 pm**

Cardio Drumming

Elevate Physical Fitness, Ignite Creativity, and Promote Mental Health!

Get ready to let loose and explore a new approach to wellness, fitness and music

education with our Cardio Drumming program. This dynamic, high-energy experience is all about raising heart rates, enhancing coordination, and having fun! Beyond the physical exercise, our program offers a unique avenue for participants to explore the world of music and movement. Drumming not only develops rhythm and coordination but also nurtures a deep appreciation for the art of sound, unlocking creativity and new areas for self-expression. Cardio Drumming inspires confidence and self-esteem, while providing a safe and an engaging energy outlet.



SPORTBALL

Endless ways to stay moving... Sportball is a **method-backed sports program designed to spark a lifelong passion for staying active.** Multi-Sport is the perfect way for little movers to explore the world of sports. This fun and engaging program lets kids try just about everything including soccer, baseball, basketball, football, hockey, volleyball, golf, and tennis. Backed by Sportball methodology and led by trained coaches, Multi-Sport teaches kids new skills through new ways to move. You never know – it might just be where your kiddo gets introduced to their new favourite sport.



Institute of Robotics & Intelligent Systems

ABOUT IRIS

Institute of Robotics and Intelligent Systems (IRIS) is a tech educational centre that offers instructor-led courses on Robotics, Coding, Electronics and Designing for 5-17 year old kids. Our skilled instructors combine science, technology, engineering and math (STEM) education in all our courses and ensure that students develop key skills such as problem solving, critical thinking, teamwork, presentation, communication and idea generation. Our objective is to develop skillsets in four key areas - Technological Ability, Emotional Intelligence, Enterprising Spirit and Responsible Behavior. Through this we aspire to develop a child's overall intellectual capability and transform them into a well-rounded human being - into responsible tech entrepreneurs, inventors and leaders who will create a better world for everyone.

August 7, 14, 21 and 28 (Wednesday's)

The Travelling Stage is an arts education company committed to enriching arts curriculum. All dance and drama programs are led by professional singers, dancers, choreographers, directors, actors and writers, who have a passion for their craft with children. Having a regular creative outlet is not just part of a well-rounded education – it is essential for a child's emotional health and well-being. Besides being incredibly fun, art and wellness programs help children develop many of the skills necessary for success in today's world, including Self-Confidence, Literacy, Communication, Imagination, Empathy, Critical Thinking and Problem-Solving, Self-Discipline, Community Awareness, Connection to Self and Others and Teamwork.

MAD ABOUT MUNSCH – Based on a different Robert Munsch story each week, this multi-session program aims to unlock imaginations through drama strategies, movement, creative experiences and role play activities. 4-week program *Pre-School and JK/SK Groups*

BEACH PARTY – Fun music, energetic movement and a party atmosphere makes this workshop a big hit! A great workshop if you're looking for a combination of dance and drama. *School-Age*

"BE YOU" Song & Dance – Participants will learn popular songs and fun choreography in this high energy program with a focus on building confidence and bringing out their inner star! *School-Age*

MINDFULNESS FOR CHILDREN – This program introduces children to the concept of being mindful through experimental lessons on intention, attention, attitude and gratitude. Participants will explore ways to live in the present moment with openness and gain tools to move through their days with more joy, ease and kindness. This program is a great way to connect children to themselves and to the people around them. *School-Age*

ADVENTURES IN DRAMA – Aiming to unlock imaginations, this workshop is full of valuable drama games, exercises and role play activities. *School-Age*



Science Centre for a fun-filled day of discovery and learning

Our engaging exhibitions are suitable for most grade levels and the programs also cover a variety of subjects— from flight and physiology to the science of feeling anxious—and align with the Ontario Science and Technology 2022 Curriculum. Discover A World Of Hands-On Exhibits, Interactive Activities and Educational Programs! There's always something fun and educational to do!! **Departure: 9:00 am Return: 4:00 pm**



Mr. Mike – the most popular man in the Neighbourhood 😊

Every Friday at 3:00 pm – a refreshing and yummy way to end the week!!

DAN THE MUSIC MAN is an original. A songwriter and entertainer whose enthusiastic performances have made him a favourite of family audiences all over his native Canada, the United States and as far away as Seoul, South Korea. **End of Summer Dance Party** – Dan will have the children moving and dancing to fun and lively tunes. A great way to say goodbye to our Summer Program and kick off the start to a new school year!!
All Groups

